

Which Empire Rules?

Organize this game similar to 'Catch the Flag', but make the two teams different Ancient African Empires. You will need at least four players for this game. You will also need two different objects to represent your flag (This could be a scarf, t-shirt or even t-towel) This is a great game to play in the schoolyard or local park.

- 1) Split your friends into two teams of equal sizes.
- 2) Mark out a large grassy area with either string or chalk and place your flag at each end of this.
- 3) Each team has an area that they need to stay in. This is their territory.
- 4) The objective of the game is to steal the other group's flag without being touched by any opposing players. To capture the flag a player must enter the opponents' territory, and bring it back to their territory without being captured (tagged).
- 5) If a player is tagged, they must stand still like a statue in the place where they were caught until a teammate frees them by touching them.

The winning group is the team who gets the flag first.

ADULTS: Don't forget to share with the private facebook group and if you share with your friends mention SankofaClub.com #SankofaClub.

Mummy Wrap!

This activity requires a couple of rolls of toilet paper, a timer and at least four people. Make two teams. Each team gets a roll of toilet paper. (Don't worry, you can reuse the tp after the game.) Both groups have to choose their 'mummy'. Start the timer! Each team must roll toilet paper around their 'mummy' until the timer goes off. The winning team is the one that covered their 'mummy' best or most creatively.

Make sure to ask an adult if you can use the toilet paper.

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Road to Mecca

Mansa Musa was the first Muslim ruler in West Africa to travel to Mecca on a pilgrimage. He was able to convince thousands of people to join him on this journey. How many of your friends, family members or classmates could you convince to follow you on a journey? This trip could be as close as the gym, your backyard or a drinking fountain. Turn it into a game of follow the leader.

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